

# KNOW YOUR RIGHTS

## How to get and keep Supplemental Security Income (SSI)



**SSI** is a federal cash benefit program administered by the Social Security Administration. You may qualify for monthly SSI payments if:

- you are 65 or older, blind and/or disabled;
- you are a U.S. citizen, lawful resident, or other in another qualifying immigration status; and
- you have very limited income and financial resources.

The SSI monthly amount is **\$783** a month for an individual or **\$1,175** a month for a couple.

### Applying for SSI

- Visit the Social Security Administration's website, you may be eligible to apply for SSI online:  
<https://www.ssa.gov/benefits/disability/>;
- Call the Social Security Administration at 1-800-772-1213 and make an appointment to apply for SSI;
- Have someone else call and make the appointment for you; or
- Visit your local Social Security office and apply in person.



### → Staying on SSI ←

You must let SSA know if your income changes making you not eligible for SSI or you will be assessed an overpayment of benefits.

You may be required to provide medical evidence that you are still disabled. SSA will send you a notice for a continuing disability review. Please call us if you receive any mail that you do not understand or is confusing.