# **RESOURCE LIST:**

## Health Care for Immigrants in New Mexico

Immigrants in New Mexico often experience difficulties meeting their health needs. Language barriers, high costs, and a belief that no providers serve undocumented immigrants can mean that these immigrants do not gain access to the care they need. **But many providers in New Mexico serve immigrants, and these providers often offer financial assistance.** This resource list is a guide for immigrants seeking health care and financial assistance in New Mexico.

**MEDICAID AND EXCHANGE** - Hospitals and other providers may suggest Medicaid as a first option to cover health care expenses. **Many immigrants qualify for Medicaid.** To qualify for Medicaid, an immigrant must meet general eligibility guidelines and provide **proof of eligible immigration status.** You can apply for Medicaid by phone by calling 1-855-637-6574 or 1-888-997-2583, online at <a href="https://www.hsd.state.nm.us">www.hsd.state.nm.us</a>, or at an Income Support Division Office (ISD). For ISD locations, call 1-888-476-3676 or visit <a href="https://www.hsdstate.nm.us/isd/">www.hsdstate.nm.us/isd/</a>. Applying for Medicaid will not affect an immigrant's ability to become a citizen or lawful permanent resident ("green card" holder) unless Medicaid is used for long-term institutional care in a nursing home or mental health facility.

Immigrants may also qualify for the new Health Insurance Exchange, where they can receive **financial help to buy health insurance**. The Exchange is available to most lawfully residing immigrants, including those who do not qualify for Medicaid because their income is too high and immigrants who must wait five years before they can apply for Medicaid. The Exchange is a marketplace that provides information about health plans and their costs. You can call 1-855-99-NMHIX, or apply online at <a href="https://www.bewellnm.com">www.bewellnm.com</a>, or get help from a "healthcare guide" (locations of healthcare guides are available by calling the Exchange number or visiting its website).

Undocumented immigrants do not qualify for Medicaid or the Exchange should not have to apply. Instead, they should state that they do not qualify for Medicaid or the Exchange due to their immigration status. If you are an undocumented immigrant and you are asked for a social security number or other immigration information, you do not need to tell the staff you are undocumented or that you do not have a social security number. Instead, inform the staff that you do not qualify because of your immigration status and ask about other options for low-income patients. If the clinic or hospital demands a social security number or information about your immigration status, call the Center on Law and Poverty at (505) 255-2840.

**EMSA** – Emergency Medicaid Services for Aliens – is available to undocumented immigrants and others who do not qualify for Medicaid because of their immigration status or who must wait five years to apply for Medicaid. EMSA covers the costs of emergency medical care – including labor and delivery. Patients seeking EMSA must fill out an application form at the hospital *or* at their local ISD office **within 90 days** of receiving care. Note that in some cases EMSA **may not fully cover emergency medical bills.** Ask the hospital about charity care programs that can help make up the difference.

If you need emergency medical care, go to the emergency room. By law, anyone who shows up at an emergency room must be seen and treated. If you are turned away from an emergency room because of your immigration status or inability to pay, or if you need help applying for EMSA, please contact the Center on Law and Poverty at (505) 255-2840.

**NUTRITION PROGRAMS** - Undocumented immigrants and other immigrants who do not qualify for Medicaid can receive several nutritional benefits programs. These programs are:

- WIC (Women, Infants & Children). Provides food, food vouchers, and nutritional counseling for pregnant and breastfeeding women and children 5 or younger. WIC is administered by the Department of Health. Find WIC clinic locations at <a href="http://www.health.state.nm.us/phd/wicsite/locations.php">http://www.health.state.nm.us/phd/wicsite/locations.php</a>.
- School Breakfast and Lunch Programs. Inquire at your child's school for more information.
- Summer Meals Programs. Call 1-800-EAT-COOL for locations.

## RESOURCE LIST

The following resource list focuses primarily on non-emergency medical care available to **immigrants that do not have** healthcare coverage through Medicaid or the Exchange:

## HOSPITAL CARE (Including emergency care, surgical care, specialists, and some primary care)

\* Most hospitals in New Mexico offer financial assistance programs – please check with the hospital\*

## **UNM Hospital Financial Services**

Location: Albuquerque.

Services: Discount program available to all low income patients which takes 45% off the billed charges and sets up monthly payment plans for remaining charges. In addition, the "Limited Financial Assistance Program" pays for emergency care, immunizations, and treatment for communicable diseases regardless of immigration status.

<u>Contact:</u> UNMH Patient Financial Services at 505-272-2521. <u>Fees</u>: No fees if qualified for "Limited Financial Assistance." Patients who are not qualified can receive a 45% discount and can set up a payment plan based on their ability to pay.

## Presbyterian Charity Care

Location: Albuquerque.

<u>Services</u>: Pays bills for emergency services for low income patients and for any medically necessary care as long as it's through a Presbyterian provider. Applicants usually must first apply for EMSA if available.

Contact: Presbyterian Health Services at 505-841-1406. Fees: No fees if qualified for the charity care program. Patients who are not qualified may receive a discount and can set up a payment plan based on their ability to pay.

### Memorial Charity Care

Location: Las Cruces.

<u>Services</u>: Pays for medical care on case-by-case basis. <u>Contact</u>: 575-521-5538 to apply for financial assistance. <u>Fees</u>: No fees if qualified for the charity care program.

## **PRIMARY CARE**

\*Several counties in New Mexico offer healthcare services such as pharmacy or mental health services, regardless of immigration status – call the county health department for assistance.

#### Albuquerque Healthcare for the Homeless

Location: Albuquerque

Services: Primary medical, dental, and psychiatric care.

Contact: 505-242-4644.

Fees: None for any homeless individual.

#### Casa de Salud

Location: Albuquerque (South Valley).

<u>Services</u>: Primary care, acute care, midwife services, massage therapy, acupuncture, ultrasound, and drug rehabilitation. <u>Contact</u>: 505-907-8311. No appointments. Walk-ins from 9:00

am to set up a time later in the day.

<u>Fees</u>: Services are usually \$30; payment plans available. No one will be turned away.

#### Centro Savila

<u>Location</u>: Albuquerque

<u>Services</u>: Mental health, case management, recovery <u>Contact</u>: 505-205-6904. Call for appointment. <u>Fees</u>: Sliding scale fees. No one will be turned away.

#### First Choice

<u>Location</u>: Albuquerque (various locations), Belen, Los Lunas. <u>Services</u>: Primary care clinic. Patients are encouraged to use clinic as a regular doctor's office. Appointments are required. The clinic does not take walk-ins or provide urgent care. <u>Contact</u>: 505-452-4027 for the administration or go to www.fcch.com to see more clinics.

<u>Fees</u>: Sliding scale for patients who bring proof of income. No one will be turned away.

### First Nations

Location: Albuquerque

Services: Primary care, behavioral health services, traditional

healing, and diabetes education.

Contact: 505-262-2481.

<u>Fees</u>: \$25 per visit, but no one will be turned away if they cannot pay. Patients must bring ID and proof of income.

#### One Hope Centro De Vida (at East Central Ministries)

Location: Albuquerque

<u>Services</u>: Primary care services provided at clinic five times a month (Saturdays from 10:00-2:00, and one Thursday each month from 5:00-8:00).

Contact: 505-266-3590. Appointments are recommended.

Fees: \$5 per visit for children. \$10 for adults.

## PRIMARY CARE (continued...)

#### El Pueblo Health Services

Location: Bernalillo, Sandoval

Services: Primary care. Contact: 505-867-2324.

<u>Fees:</u> Sandoval county assistance program requires a driver's license and monthly bills and will pay costs of visit if the person

applies for the assistance.

#### La Familia Medical Center

Location: Santa Fe

Services: Primary medical, dental, behavioral and prenatal care,

women's health and immunizations.

Contact: 505-982-4425.

Fees: No one is turned away because they cannot pay. Sliding

scale based on income. Minimum payment is \$20

#### Pecos Valley Medical Center

Location: Pecos Valley

Services: Primary medical and dental care as well as emergency

health services.

Contact: 505-757-6482.

Fees: Sliding scale. Minimum payment is \$20.

#### La Clínica del Pueblo de Río Arriba

Location: Río Arriba

Services: Primary medical, dental and behavioral health care as

well as emergency care. <u>Contact</u>: 575-588-7252

Fees: Sliding scale payments and payment plans for those who

qualify. Minimum payment is \$20.

## Las Clínicas del Norte

Location: Abiquiu, El Rito, Ojo Caliente

Services: Primary care, immunizations, pre and post natal care,

dental care and cancer screenings.

Contact: 505-685-4479 for the Abiquiu clinic or go to

www.lcdn.org for more locations.

Fees: Sliding scale payments. Minimum payment is \$15.

#### El Centro Family Health

Location: Chama, Coyote, Española, Las Vegas, San Miguel,

Penasco, Roy

Services: Primary care as well as health education about diabetes

and weight loss.

Contact: 505-753-7395 for the Española office or go to

www.ecfh.org for more locations.

<u>Fees:</u> Sliding scale depending on the income of the patient and the lowest a person can pay is fifteen dollars. No one is turned

away because they cannot pay.

## Mora Valley Community Health Services

Location: Mora

Services: Primary medical, dental, and behavioral health care.

Contact: 575-387-2201.

Fees: Sliding scale. Minimum payment is \$5 for a medical visit

and \$20 for a dental visit.

#### De Baca Family Practice Clinic

Location: Fort Sumner

Services: Primary medical, dental and mental health care.

Contact: 575-355-2414.

<u>Fees</u>: No one is turned away because they cannot pay. Sliding scale payments for those who qualify. Charity care based on patient circumstances and the opinion of the provider.

#### Santa Rosa Medical Clinic

Location: Santa Rosa

Services: Primary care and family practice clinic.

Contact: 575-472-4311.

Fees: Sliding scale payments available with proof of income and

a photo ID. Minimum payment is \$10.

#### La Casa de Buena Salud

Location: Portales, Clovis, Roswell, Hondo

Services: Primary care for all ages, immunizations, women's

health and diabetes education.

Contact: 575-356-6695 for the Portales clinic or go to

www.lacasahealth.com for more locations.

Fees: Sliding scale depending on patient income. Minimum

payment is \$20.

#### Nor Lea Hospital District Clinics

Location: Lovington

Services: Primary care as well as emergency services and

outpatient surgery. Contact: 575-396-3529.

<u>Fees</u>: The clinics have sliding scale payments as well as a charity care program if the patient meets the financial criteria.

For certain limited services only residents of the local tax

district qualify for charity care.

#### Jal Clinic

Location: Jal

Services: Primary care, limited X-rays, immunizations,

pharmacy.

Contact: 575-395-3400.

Fees: Sliding scale payments available for those who qualify.

Minimum payment is \$7 per procedure.

## Hidalgo Medical Services

Location: Lordsburg, Animas, Silver City, Bayard, Mimbres

Valley, Gila

Services: Primary medical, dental, prenatal and mental health.

Contact: 575-542-8384 for the Lordsburg clinic or go to

www.hmsnm.org for more locations.

Fees: Sliding scale payments available to those who qualify

Must bring photo I.D. Minimum payment is \$20.

## PRIMARY CARE (continued...)

#### Ben Archer Health Center

<u>Location</u>: Hatch, Doña Ana, Truth or Consequences, Columbus, Alamogordo, Radium Springs, Deming

<u>Services</u>: Primary care clinic, dentistry, limited orthodontics, and oral surgery. Also provide health education and on-site Medicaid enrollment for those who qualify.

Contact: 575-267-3280 for the Hatch clinic or go to

http://bahcnm.org for more locations.

Fees: Sliding scale for patients who bring proof of income.

#### La Clínica de Familia

<u>Location</u>: Las Cruces, San Miguel, Anthony, Sunland Park, Chaparral, East Mesa

<u>Services</u>: Primary care, prenatal, pediatrics, adolescent and adult care. Dental clinic (emergency & preventive).

Contact: 575-521-7181 for the Las Cruces clinic or go to

www.lcdfnm.org for more locations.

<u>Fees</u>: No one is turned away because they cannot pay. To receive discounts, patients must bring proof of income. Discounts are a maximum of 75% of the bill.

#### Mountain View Regional Medical Center

Location: Las Cruces

<u>Services</u>: Primary care, emergency care, surgical, diabetes and outpatient services. Heart center and diagnostic

Contact: 575-556-7600.

<u>Fees</u>: No sliding scale. But Mountain View has payment plans and financial services that can be applied for at the hospital.

#### Presbyterian Medical Services

Location: Statewide

Services: Primary care, dental and behavioral health

services.

Contact: There are many clinics across the state; go to http://quasar.pmsnet.org/hub/ to find a clinic.

<u>Fees</u>: Sliding scale payments; minimum payment varies from clinic to clinic. No one is turned away because they

cannot pay

#### **CHILDREN**

## See also: "Primary Care", UNM Maternity & Infant Care

## Children's Medical Services (CMS)

Location: Statewide.

<u>Services</u>: Care coordination for children up to 21 years old who have special health care needs and chronic conditions. CMS also sponsors a system of pediatric outreach clinics that provide screening for newborn babies.

Contact: 505-476-8856

<u>Fees</u>: Services are free for families below 200% of the federal poverty level, live in New Mexico, and have an eligible condition.

#### Women, Infants, and Children (WIC)

Location: Statewide

<u>Services</u>: Food for low income children 5 and younger. <u>Contact</u>: 505-841-4173 for Albuquerque, or go to

http://www.health.state.nm.us/phd/wicsite/index.php for more locations.

Fees: None. Patients must bring proof of address.

## Public Health Offices (Department of Health)

Location: Statewide.

<u>Services</u>: Immunizations and testing for communicable diseases <u>Contact</u>: Call 1-888-231-2367 for more information about

immunizations and to find a clinic.

Fees: None.

#### UNM Young Children's Health Center

Location: Albuquerque for zip codes 87108 & 87123 only.

Services: Pediatric primary care.

Contact: 505-272-9242.

<u>Fees</u>: \$5 per visit and patients are billed for the remaining costs. Clinic takes Medicaid and will set up payment plans. Patients must bring of proof of address.

## First Step Center

Location: Las Cruces.

Services: Pediatric primary care, obstetricians, gynecologists,

certified nurse midwives to delivery babies.

<u>Contact</u>: 575-556-8150.

Fees: Sliding scale for those that have proof of income. Minimum

payment is \$30.

#### **WOMEN'S HEALTH & PRENATAL CARE**

See also: "Primary Care", First Step, Casa de Salud

#### **UNM Maternity and Infant Care**

Location: Albuquerque

Services: Prenatal services, delivery, and infant care

Contact: 505-272-2156

Fees: Sliding scale depending on patient income. Patients under the

poverty guidelines set by UNM pay nothing.

#### Women Infants & Children (WIC)

Location: Statewide.

Services: Food and food vouchers for pregnant, nursing and new

mothers who are below 185% of federal poverty level. Contact: 505-841-4173 for Albuquerque, or go to

http://www.health.state.nm.us/phd/wicsite/index.php for more

locations. Fees: Free.

#### Planned Parenthood

Location: Albuquerque, Santa Fe, Farmington, Rio Rancho.

Services: Women's health exams, pregnancy testing, contraception,

abortions and STD testing and treatment.

Contact: 505-265-3772 for the Nob Hill Medical office or go to

http://www.plannedparenthood.org/health-center/findCenter.asp

for more locations.

Fees: Fixed charges based on service.

## Public Health Offices (Department of Health)

Location: Statewide.

Services: Family planning and STD testing.

Contact: 505-841-4100 for the Stanford Public Health Office in Albuquerque, or go to http://nmhealth.org/ph-local.html for more

locations.

Fees: None for STD testing. Sliding scale for family planning,

depending on patient income.

#### Women's Health Services

Location: Santa Fe.

Services: Primary care specific to women as well as gynecology and

bone density testing. Contact: 505-988-8869.

Fees: Sliding scale based on patient income of the patient.

Minimum payment is \$25.

#### Birthright

Locations Albuquerque, Rio Rancho, Socorro.

Services: Pregnancy tests, legal, housing, and doctor referrals,

maternity and baby clothes. No abortion referrals.

Contact: 505-262-2235 for the Albuquerque office or go to

www.birthright.org for more locations.

Fees: None.

#### Care Net Pregnancy Center

Location: Albuquerque, Rio Rancho, Valencia.

<u>Services</u>: "Christ-based...dedicated to protecting the unborn," pregnancy tests, early ultrasounds, doctor referrals. **No abortion referrals.** 

Contact: 505-880-0822 for the Albuquerque clinic or go to

www.carenetabq.org for more locations.

Fees: None.